

TPL EXPERIENCES PROGRAMME BROCHURE 2021

**"People will continue to remain at the
centre of an organisation's success"**

In times of crisis, people want to know they matter and they are being cared for.

For employees, it's about knowing that leadership is thinking about their wellbeing, development and productivity. For that you need the right employee wellbeing and engagement programmes.

We would love to help you through this journey.



Who we are and what we do?

Through our award winning company **TPL Experiences**, we help individuals feel confident, motivated and productive in their workplace through team building, wellbeing and people skills training programmes.

The programmes we deliver aim to improve the confidence, communication, engagement and wellbeing of teams. We have a successful global track record in creating bespoke programmes for organisations with teams of 5 to upto 500.

Our clients range from local SME's, Universities , Local councils right up to global FTSE 100 Companies.

Why work with us?

- We listen because we genuinely care
- We follow through with an impeccable standard of service
- We are friendly and committed
- We deliver measurable results
- We provide value for money
- We are a proud small business
- We are trusted by over 50 brands

+1600 events

+100 Brands

+25 Countries

Our Facilitation

We create specific team engagement & training programmes that address your business needs. Our programmes are based on a prior consultation and can be delivered through-

- Virtual/ In-house training
- Virtual/ In-house workshops & activities
- Virtual Team away days/ Recognition programs



Understand

Your company culture and your employees



Design

Bespoke suggestions that best fit your requirements



Deliver

Solutions in a hassle free way



Measure

Impact and learnings



Repeat

Deliver team engagement activities round the year



Our Lead Facilitator

Minoti Parikh specialises in human resources and industrial psychology and has an experience of facilitating over 1600 team events in 25 countries. Minoti's style is interactive with emphasis on taking the learning home. She has facilitated events with an audience size of up to 20,000. Minoti is a certified Trainer from the Dale Carnegie Institute and has facilitated team training and engagement programs for over 100 organisations globally. Minoti collaborates with a few industry leading Trainers to deliver some of the programmes.



“One of the best training days I have attended, very insightful and practical”

- West Yorkshire
Rescue and Fire Services

“Minoti always goes above and beyond to deliver exceptional experiences for our team...”

- Saint Gobain

“Thank you so much to you and your team for an absolutely brilliant day. The feedback has been amazing..”

Grant Thornton

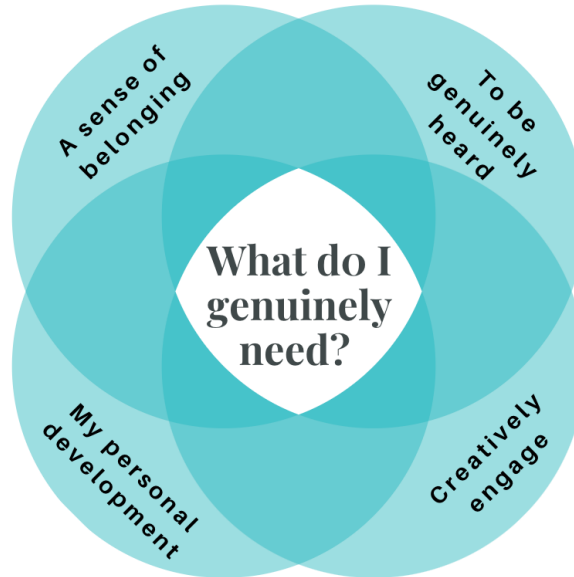


How have we thrived through 2020?

Despite all the challenges, we were able to support a total of 792 individuals (as of December 2020) with their overall wellbeing, building their resilience, increasing their productivity and confidence.

We have always looked at ourselves as an outsourced 'employee engagement and wellbeing' partner to organisations. Our bespoke consultancy approach has helped us gain the trust of such varied organisations. The feedback has been most reassuring with clients describing our work as "Life saving"!

So then what does your team genuinely need?



How can we help in the current times?

Through the past year we have been focusing on increasing overall wellbeing, resilience, creativity, confidence and team spirit of teams through our virtual programmes.

Each programme is unique and based on the team's requirements.



Training workshops- Confidence and virtual delivery

90 minute to 3 hour
workshops on -

Building self confidence,
leading difficult
conversations,
assertiveness
and Confident Speaking in
the virtual world.



Training Workshops- Inclusive Leadership

90 minute to 3 hour
workshops on-

Leading through change,
finding ways to create a right
culture and
process within your teams
and how to facilitate EQ
based leadership



Well at Work- wellbeing programme

90 minute, half day and
full day workshops on-

Sustaining positive
relationships, reducing
workload stress, self care,
Mindfulness, building
personal resilience in the
new normal world.

How can we help in the current times?-



Building resilient teams

90 minute, half day and full day workshops on -

Building resilience, how to play to your Strengths and encourage this in others, how to enable collaboration, creativity and adaptability



Team building - immersive virtual experiences

60 to 120 minutes of team bonding, collaboration, problem solving and fun.

Choose from a wide range of themes



Creative team wellbeing workshops

90 to 120 minutes of a creative release through innovative adaptation of mindfulness techniques to help with mental and physical wellbeing of teams.

This is not an exhaustive list and are just a few of the programmes we offer. Have an idea in mind but not sure what to do next? Reach out to us and let's talk!

Some of the organisations we have supported-



Featured on-



Case Study examples

1) Client- **Colgate**

What- Designing the theme and delivering a product demo/launch event to increase brand awareness, increase employee trust and improve team work

Attendees- 300 sales managers across Asia and Middle east.

How- Based on the brief, we created multiple workshops for the sales team to be aligned with the new product and the sales strategy of the company. Each workshop had a different theme that was created through the décor and the style of facilitation. The day culminated with the entire team of 300 coming together for one final task to create a life size version of the product. The day was such a success that this model of facilitation has been repurposed for local sales team meetings

2) Client- **ICI Dulux**

What- Facilitation of the annual recognition event in London to increase partner engagement and loyalty

Attendees- 200 global partners of ICI Dulux

How- Delivered series of theme based events that saw the partners engage with each other for the first time at such a large scale. Bespoke brand based activities were created to improve brand awareness along with increasing recognition

3) Client- **West Yorkshire Fire & Rescue Services**

What- Designing and delivering training programs to increase employee confidence and well being. These programs were designed to also help set up an inclusion action group within the organisation

Attendees- 100 employees over series of training workshops

How- Designed and delivered training workshops to improve confident communication and presentation skills of the team. Along with that we also focused on mindfulness and mental wellbeing with the aim to improve engagement within the cross functional teams and between the leadership and managers/support staff during a period of restructure.

Frequently asked questions

Q- Can I pick and choose between programmes?

Of course you can. We are happy to tailor each package to your exact requirements

Q- How much does it cost?

We like to be open and transparent about our pricing. Prices vary depending on the type of workshop or training required and we can confirm this after our initial consultation. However, to give you an idea, prices start from £300 and go upto £1800 (approx) for our training programs.

Q- Do you give any discounts to charities, schools and Universities?

We are a business built with a purpose and always offer a 10% discount to charities, schools and Universities. We can also offer a discount on longer running training programmes.

Q- Where do you deliver?

We can deliver online, face to face and within a hybrid set up as well.

Q- This all sounds great, how do I get started?

Please contact us and we will set up a consultation to learn about your team's needs and make sure we are the right fit for you.

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www.tplexperiences.com - Virtual Team Building , wellbeing and People Training workshops